

Catch Up With The Arc Middlesex

Despite the challenges we may have faced throughout the year The Arc Middlesex has still stepped up for our community. We hope that this newsletter encourages you and excites you for all the amazing things that we will do together next year!

Summer Happenings...

In July & August, we were able to welcome new supporters who were more than willing to lend a hand during the COVID-19 ordeal. We would like to give a great big thank to Liquid Church, East Brunswick Elementary Schools, Sew Strong Project and Thomas Maugham Photography. Thank you for achieving with us!

*"People will forget
what you said, people
will forget what you
did, but people will
never forget how you
made them feel."*

- Maya Angelou



Chief Program Officer, Adrian Brown Pictured with the 300 donated mask from Sew Strong Project.



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The Arc Middlesex gains strength Through community outreach!

It's been a busy few months at The Arc Middlesex County, as the Agency provides all necessary information to community and county residents about COVID-19. All contributions made to The Arc Middlesex County provide safety and security to those receiving our services! The State of NJ has been moving quickly through re-opening phases and The Arc Middlesex County has stepped up the pace of adjusting plans for programs and services to re-open while meeting the ever-changing information.

The Arc Middlesex County is committed to ensuring that every step of the re-opening process addresses the health/safety guidelines and all Agency protocols to mitigate and manage the inherent risk this pandemic presents. We will all move forward together!

To that end, please be aware of the following:

- Changed Day Center rules to allow for billing for virtual programming.
- Started in-home family visits as per NJ State directive.
- Begun a slow reopening of the Administrative office. Employees will now be working from the office 2 days a week and continue to work from home for the other three. The Agency has staggered the days so that we do not have more than 15 people in the building.

Ongoing Services:

- Deployment of technology equipment to programs for multiple remote uses.
- Residential Services: renewed safety protocols for Family visits; staff only engaged in essential community activities
- Administrative Support: The main office is open with limited hours, staggered and remote staffing; only essential visitors
- Continued screening, including infrared temperature checks, for everyone entering residences and admin office
- Containment scheduling continues which assigns staff to work in specific programs only to minimize the risk of exposure and spread of COVID-19
- Masks distributed to all locations for staff to utilize during shifts in program and when engaged in essential community activities
- Regular supplies of masks, gloves and isolation gowns have been secured and deployed
- Supportive Living program on a limited service
- Career Center staff are helping out at the group homes
- Due to these efforts, COVID-19 positive test results have been greatly decreased for both staff and participants!

At The Arc Middlesex County, we are taking this time opportunity to refresh and re-invigorate as we move forward with our plans to re-open certain programs and services and develop other new and exciting ones, as the "new normal" comes into focus.

Thank you, all.

Stay safe and be well.

Frank Adu

Heidi Bell, Board President,
and CEO Frank Adu join
with staff, participants and
community to kick off
Virtual Walkathon 2020.



The inspiration...

There is no question that this year has come with its fair share of challenges for us all. Despite this, The Arc Middlesex County has continued to provide people with developmental and other disabilities, and their families, with supports and services which encourage personal growth and quality of life through empowerment and choice.



Holiday On The Go

Donation Campaign to support
participants and essential workers

November 2020– January 2021



As we look toward a brighter future, we are excited to announce our new campaign, Holiday On The Go. This project is meant to provide our participants and direct support professionals with a backpack filled with necessary items for emergency situations. Each backpack will contain items such as a change of clothes, medications, water and food, flashlights, first aid kits, and more. It is our hope to raise money for these items that will help to ensure the safety and peace of mind of our participants and essential workers so that they can continue to thrive through our services.

The Arc Middlesex County relies on private donations to further its mission and to launch new initiatives. Your generous donations will allow us to provide these backpacks to approximately 200 participants and essential workers. Any funds left over will go directly to our general operating fund, so that we can continue to provide our services to our participants. To donate by mail, please send a check made out to The Arc Middlesex County to 219 Blackhorse Lane, North Brunswick, NJ 08902. To donate online, please [click here](#).

We are always grateful for the support of our community and hope that you have a wonderful holiday season.

The Year's Highlights



The Arc Middlesex County would like to thank Sew Strong Project for donating 300 hundred cloth mask to our participants and staff. This donation brought peace of mind to us in our time of need. Liquid Church also came onboard providing mask also. Your donations helped us stay safe bringing community together caring one for one another, community-conscious efforts.



Thank you Thomas Maugham for the beautiful photo's that were donated to The Arc Middlesex County. Your thoughtfulness is greatly appreciated.

Pizza Appreciation

Each one of our DSP's and Participants enjoyed pizza pies supplied by our CEO & Administrative Officers in appreciation of their steadfast care during these most trying times.



The Year's Highlights

More than 180 people joined the Virtual Walkathon to achieve with The Arc Middlesex County!!

More than 180 Arc supporters – Walked Virtually, walking in their neighborhoods, parks, homes and even hikers joined the ranks making our virtual walkathon a great success.

Not only did the virtual event raise over \$9,000 for services to help people with disabilities in Middlesex County -- a record -- it gave Arc participants, staff, and supporters in the community a chance to try something new and learn more about The Arc Middlesex County's broad array of programs and services.

The 20th Virtual Walkathon offered something for everyone. It gave them the opportunity to choose their own path when stepping up for the Arc.



Congratulations to Lorraine Schiavo our Virtual Walkathon gift card winner!

Lorraine Schiavo is an employee at The Arc Middlesex and she is always willing to step up for the arc. Thank you Lorraine for your support and dedication over the past four years.

Thanks to all who supported The Arc Middlesex County Virtual Walk-a-thon!

The Year's Highlights

IT'S A PARADE

Thanks to The East Brunswick Elementary Schools for helping celebrate our DSP's and Participants in a Drive-by parade!



The Arc Middlesex County Board of Directors

The Arc Middlesex County is a community service organization, dedicated to ensuring that all residents of the county have an opportunity to achieve their full potential. The members of our board of directors devote countless hours of volunteer work in support of that mission. They are always happy to discuss suggestions, concerns, and especially offers of support from the community!

Heidi Bell
President

Robert Mizerak
Vice President

Shawn P. Gillon
Secretary

Joseph Griscti
Treasurer

Tirumalesh Kowdlay
Director

Karen Koller
Director

Tino Fontes
Director

Asha Gandhi
Director

Steven H. Sobel

A MESSAGE FROM OUR CEO



Frank Adu, Chief Executive Officer

Dear Arc Family,

I want to also take this opportunity to thank all of our staff for your continued dedication and support of The Arc Middlesex. Many of you had to assume different roles and work tirelessly behind the scene to ensure continuity of our business as well as safety of everyone. This is truly what The Arc is all about and I am very humbled to be a part of this great family.

Again, thank you all for all that you do.

Stay safe and stay well.

The Arc Middlesex County Junior Board of Directors

The mission of The Arc Middlesex County Junior Board is to support the overall mission and activities of The Arc Middlesex Programs and Services, by acting as ambassadors, developing leadership skills and by engaging other community members' ages 21-40 years old in becoming the next generation of directors. The Junior Board was formed in order to reach a young population of community members to engage them in the Board development process, build future leaders and support fund-raising and advocacy efforts of The Arc Middlesex County.

Jennifer Sever
President

Brian Crabel-Wahler
Vice President

Emmanuel Atilola
Treasure

Adesola Adegbesan
Secretary

Boye Adu
Director

Savoia Buntin
Director

Dayo Ikegwuonu
Director

Christiana Ogunsami
Director

The Arc Middlesex County Fact Sheet

- ◇ The Arc Middlesex assisted more than 400 individuals on a continuing basis during 2020.
- ◇ It operated 7 Career Centers geared to help individuals with disabilities find rewarding jobs suited to their skills
- ◇ It maintained 20 residential houses in Middlesex County
- ◇ 74 businesses supported The Arc's employment programs
- ◇ Avg. 178 volunteer hours per month across 7 center
- ◇ Project Kickstart: A grant from the Kessler Foundation enabled The Arc Middlesex County to provide pre-employment services to students with disabilities nearing graduation

*For volunteer and partnership
opportunities, contact Sharon Buntin,
Development Coordinator at 732 821-1199
ext. 116 or sbuntin@arc-middlesex.org*

We need your support!

The Arc Middlesex County is a 501c3 charity that needs support from the community in order to fulfill its mission.

Join Us as we celebrate our DSP's!

It's the combination of your support, the hard work of our participants and their families that enables The Arc Middlesex County to create a community of excellence.

IMPACT A LIFE TODAY!

Donate Now!



Thanks to all Arc Middlesex members, sponsors and friends your support is greatly appreciated. As twenty – twenty comes to an end we want to say we could not have done this without all of you who make up this wonderful community. Looking forward to all the things we will accomplish together in the New Year.

The Arc Middlesex
219 Blackhorse Lane Suite 1
North Brunswick, NJ 08902

Contact Us

Contact us to be apart of the change in our community!

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Visit us on the web at
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